

10 Tips to Undo Creative Blocks



- 1) Change Your Scenery
- 2) Do Something Different
- 3) Come Out of Isolation
- 4) Read Inspiring Blogs
- 5) Practice Mindfulness/
Affirmations
- 6) Read a Book
- 7) Get Physical
- 8) Nourish Yourself
- 9) Make Connections with
Other Artists
- 10) Know this Will Pass